

Family Play Days

Bring the whole family out for a few hours of fun on a Saturday morning. These family play times will be for children with special needs and their families – parents and siblings.

Session I: SPLASHTASTIC FAMILY FUN

Get the family together for an evening of great fun! Splash the winter blues away with this evening of water fun. Families will have the chance to meet with other families as well as enjoy the therapeutic benefits of being in water.

Carl Sandburg School Pool

January 22

Friday 6:30 - 8:00 PM ID#112041-01

Register January 15
R/NR \$7/8 per family

Session II: FUN AND FURRY FRIENDS

Whether you're a dog lover or you just love to smile this is the program for you and your entire family. The Therapy Dogs International - Freeport Chapter will be joining us for an hour of fun, relaxation, laughter and smiles! All of the dogs are certified therapy dogs and are safe, loving animals. Don't miss this great family fun.

Krape Park Community Building

March 6

Saturday 10:00 - 11:00 AM ID#112041-02

Register by February 26
R/NR \$5/6 per family

Motor Skills Fun

This unique program is designed to engage children in various play skills encouraging physical, cognitive and social development. Children will learn body awareness, work on hand eye coordination, jump, run, sing, move, giggle with friends and so much more.

Read Park Pavilion

Session I: Feb. 3 - March 3

Wednesday 5:30 - 6:15 PM ID#112161-01

Register by January 22
R/NR \$15/16
Ages 2-5

Session II: April 8 - May 6

Thursdays 4:30 - 5:15 PM ID#112161-02

Register by March 26
R/NR \$15/16
Ages 2-5

All By Myself

Do you love playing sports and are ready to learn the skills needed to play a variety of sports? Well now is the time to learn. As spring is approaching you'll be headed outside to play with your friends so join us now to get ready! Participants will work on simple concepts needed to play a variety of sports such as catching, throwing, kicking, running, hitting a ball and many other skills. Join us in this program designed for everyone to learn and work on basic gross motor skills! This program builds on the skills learned from Motor Skills Fun.

Blackhawk Elementary School

April 6 - 27

Tuesdays 5:30 - 6:15 PM ID#112171-01

Register by March 26
R/NR \$15/16
Ages 6-9

NASR Family Picnic and Fun

Come out and play and find out how big your backyard really is!! Northlands Association for Special Recreation (NASR) is hosting a Family picnic at Alpine Park. We will be enjoying the Universal Playground, backyard games, a cookout, and lots of summer program information from the Freeport, Belvidere, and Rockford Park Districts Therapeutic Recreation Services.

Alpine Park

900 S. Alpine Road | Rockford, IL

May 8th

Saturday 11:00AM - 1:00PM ID#212211-01

Register by April 30
\$2 a person \$5 for a family of four

Silly Song Sing-A-Long

For all of you that love to sing, laugh and have fun with friends this is the program for you. Come join us as we sing along with talented local musician Ellis Van Gilder. He will guide us in our musical journey to discover fun songs, learn how to sing with other kids and play different percussion instruments with silly songs. Music can be very therapeutic as well as a great social opportunity.

Oakdale Mogle Session I: Feb. 22

Monday 6:30 - 7:30 PM ID#112191-01
Register by February 12
R/NR \$5/6

Oakdale Mogle Session II: March 22

Monday 6:30 - 7:30 PM ID#112191-02
Register by March 12
R/NR \$5/6

Mother's Day Gifts

Are you looking for the perfect gift for that amazing lady in your life? Well look no further! Join us as we create a special gift for mothers. We will also be making our own gift wrapping so it will be a complete surprise when she opens it on mother's day! Participants will be seated next to their age appropriate peers.

Oakdale Mogle Building May 5

Wednesday 6:00 - 7:00 PM ID#212151-01
Register by April 28
R/NR \$11/12
Ages 7-16

(Dis)Ability Awareness and Resources Green Bear Fair

The Green Bear Fair is a great place for...

- Children, adults and their families to explore resources and activities for more enjoyable living
- People in our communities to meet their neighbors with or without disabilities
- Parents who have concerns about their child's development to talk to professionals and other parents and have a free developmental screening.

Harlem High School, Machesney Park, IL March 27

Saturday 10:00 AM - ? ID#112201-01

For more information contact the Rockford Park District at 815-987-8800

